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<u>Health Centre</u> <u>Dr.V R.Godhaniya College &</u> <u>Educational Premises</u> <u>Porbandar</u>

> -: <u>Presentation by</u> :-Dr. JAYSHRI PARMAR

Health Centre Dr.V R.Godhaniya College & Educational Premises-Porbandar

-: Health Center Committee :-

* Dr. JAYSHRI PARMAR – Convener
* Dr. Ketan Shah – Member
* Dr. JAYSHRI PARMAR – Coordinator
* Mrs. Bharti Shingrakhiya - Member

: <u>Our mission</u> :

To be healthy forever is birth right of every human being... We being a responsible institution handlers for girl students in our society, it becomes huge challenge for us to educate them in right direction which should nourish and flourish their future life with spectrum colors so far as health related challenges if come across at any juncture in life...

: Infra Structure :

- Set up inaugurated with gracious presence of honorable President - Dr.Virambhai Godhaniya
- * Managing trustee Mr.Arjunbhai Modhwadia
- ✤ Trustee –Mr.Bharatbhai Visana
- Principal Dr.Anupam Nagar and trust committee members.



Center established with doctor's consultation room to provide clinical drug dispensing, and dressing anagement, patient counseling, record keeping etc...



> Provision of emergency care management including prompt actions during examination.

- > Dressings in required injury cases of cuts, tares and wounds etc...
- > Required patient's are shifted and referred to nearest facilitate place for specialist opinion, investigations and needful procedure.

- Measured and noted height ,weight , blood group, identi fication mark and drug Sensitivity
 - Health cards are provided to all F.Y. students

Dr. V. R.	Godhaniya College, Porbandar STUDENT HEALTH CARD Project Under : Health Centre Year : 201 -201
Name :	
Class & Faculty :	
Blood Group :	Height :cms
Indentification Mark :	
Drug Sensitivity (If any) :	

SIGNATURE OF DOCTOR

June - 2014

Lecture on menstruation by Dr. Ruchi Kariya at hostel on 29-jun-2014



Thalassemia prevention lecture by Dr. Nitin Popat on 7 July 2014



- Blood donation camp on July 14
- About 86 bottles
- First every donor's HB level estimated and then after they should donate blood, if their HB level was ok
- HB & BL. Group was estimated of all 545 hostel girls (std.7th to 12th)
- It was held on 7th to 26 July 2014
- All students have given health cards which includes HB. Blood group HT.WT. also
- Group counseling also on HB & how to increase HB level.
- Information give about it
- Girls whose HB level is poor, they got treatment & guidance also



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Thalassemia testing camp held on 25 July 14

- 587 students are tested
- With nature club & life laboratory RJT
- Blood grouping of all F.Y. students with Financial help of Godhaniya college
- It held on 25 July to 1st August









Counseling with Thalassemia Minor Student's Parents



Lecture on "mind power improvement & personality development" by Bindesh Desai (mind trainer) at 28 July 2014





Aug – Sep 2014

Lecture on meditation by Indubhai Bapodara on 25 Aug. 14



Aug – Sep 2014

Health cards are issued of all F.Y. students which includes HT. WT.BL. Group HB drug sensitivity also on Aug-Sep 14

Nov - 2014

Poster exhibition of Vysan Mukti by Health Centre with help of Swaminarayan Mandir Trust.





Dec - 2014

Blood donation camp with HDFC bank on 5 Dec 14

86 bottles are donation first HB estimated



Jan - 2015

3 days seminar on yoga, Aasan, pranayama by Patanjali yoga teacher Shri Jivabhai on 2, 3, 5 Jan 2015

Lecture on meditation by Indubhai Bapodara





Feb - 2015

Lecture on "Art of Living" by Geetama on 8 Feb 2015

Lecture & Counseling on "Family Planning" for B.Sc. H.Sc. Students





March – 2015

Lecture on Menstruation & Family Planning on 16 March 2015

Information given at Health Centre on Thermometer, BP instrument & Pulse Rate for T.Y. B.Sc. H.Sc Students.

THANK YOU